

Ward Community Fund Proposal Form

Please read the Guide to the Ward Community Fund before you fill in this form

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Then complete Section 1: Budget Proposal.

If you are proposing to deliver the project yourself, please complete Section 2: Delivery agency as well. We can help you with this or do it for you – see who to contact in the **Guide to the Ward Community Fund**.

Continue or separate sheets if you need to, or expand the boxes if you are filling in the form electronically.

Section 1: Budget Proposal

LEICESTER CITY COUNCIL

- 4 JAN 2010

RECEIVED

MEMBERS' SUPPORT

1. Name of Ward

Spinney Ward

2. Title of proposal

Three times thirty

3. Name of group or person making the proposal

Farzana Potter

4. Short description of proposal. Please include information on **how the money will be spent, who will benefit, when they will benefit, and how we will know when the proposal has been successful.**

It is important that your answer to this question is clear, because we will only pay the costs when we can see evidence that the outcomes you describe here have been achieved. You can provide further details in your supporting information if you want to.

how the money will be spent,

In order to address health inequalities amongst adults within the spinney ward I want to encourage individuals especially women to take up regular physical activities that will help promote, stimulate and develop better health. The project is to deliver 3 different female only exercise sessions per week. The project will take place over 10 weeks and it will introduce women to a range of different activities that will be free of charge to them.

The money will be spent on charges that will have incurred for the hire of a venue and the cost of a fitness tutor. The beneficiary's will be women who live in the Spinney Hill/St Peters and Highfields area's. We will know that the project has been a success from the health benefits gained by those who take part. By the numbers of women from these area's that continue to take regular (Three times thirty) exercise after the project is over. The participants will carry out an evaluation and make comments of the benefits gained.

who will benefit, when they will benefit, and how we will know when the proposal has been successful.

5. Have you provided supporting information? Tick if yes

6. What is the total cost to the Community Meeting?

7. How have you estimated or calculated the cost? Please show each item of expenditure and say whether it is an estimate or an actual cost.

Item	Cost £	Estimate or actual cost?
Hire of Venue	£225.00	Actual
Tutor Costs	£750.00	Actual
Total	£975.00	

8. Have you tried to get funding for this project from anywhere else, either in the Council or from another organisation? If so, please give details

No

9. Who proposed the project? Please provide contact details.

Name of contact person	Farzana Potter
Your position in organisation or group	Manager
Name of organisation or group	Fuzzy Fitness
<input type="text"/>	
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